

Checklist for training & degrees

Theory Course – e-learning

- participation in online lectures & webinars (75 TU/ 56 time hours)
- no admission requirement
- exam (written online min. 41 points/ voluntarily)

Practice Course (in presence)

admission requirements for participation

for the adventure therapy practice modules you need:

- health requirements to be able to work with people in the natural environment (medical questionnaire in advance)

When you only attend the experiential part of the Training, without certification on the end:

- Proof of (practical)experience in adventure, nature and outdoor areas with people (at least 100 days of 8 hours each within the last 1-5 years) - applies to professionals and non-professionals – ALL/ everybody

We take the background experience very seriously, since no basic „outdoor hard skills“ are taught in the practical course.

German Course: The practice modules consist of a total of 21 seminar days:

module 1/ 3 days	module 2/ 3 days	module 3/ 3 days
module 4/ 3 days	module 5/ 3 days	module 6/ 3 days
module 7/ 3 days		

English Course: The practice modules consist of a total of 20 seminar days:

module 1/ 5 days	module 2/ 5 days	module 3/ 5 days
module 4/ 5 days		

Self-organized learning groups (SOL)

During the practical training (modules 1-7) you will take part in self-organized learning groups (small groups that meet online or in person and work on assignments from the modules independently).

effort:

5x 4 h = 20 time hours/ 25 TU (digitally and/in person)

during respectively between the practice modules

Supervisions (accompanying the practice modules)

During the practical training (modules 1-7) you will take part in accompanying individual supervisions. These will take place online and will be confirmed in writing by the supervisors.

effort:

4 x 1,5 Sh = 6 time hours/ 8 TU(digitally and/or in person)

during respectively between the practice modules

open book Klausur (72 h Homework)

At the end of the practice modules. Only for participants who wants to final with a degree.

Adventure & Nature Therapy Practitioner (ATI)

admission requirements for the practical degree

If you have not completed any professional training and/or studies in the field of social and health care, we expect proof of:

- At least 80 hours (further education and training in the areas of psychology/pedagogics) **and**
- At least 240 days (8 hours/day) practical experience within 3-5 years (in the professional field of social and health care)

- first aid certificate (not older than 1 year at the time the exam was completed)
- extended police clearance certificate (no relevant entries, not older than 3 months at the time the exam was completed)
- participation in all modules (absences max. 10%/ individual certificates of the practical modules)
- 72-hour written paper on a theoretical topic (takes place at the end of the practical modules)
- proof of participation in a written online exam of the theory of adventure therapy (webinar)
- proof of participation in self-organized learning groups
- proof of participation in training-accompanying supervisions

Adventure & Nature Therapist (ATI) certification

admission requirements for the overall certification

- certificate of the formal basic qualifications, which are specifically named in the admission requirements
- minimum age 23 years
- first aid certificate (not older than 1 year at the time the exam was completed)
- extended police clearance certificate (not older than 3 months at the time the exam was completed)
- proof of the completion of the practical modules incl. degree title „Adventure & Nature Therapy Practitioner“ (ATI) --- which already includes the theory degree
- proof of written term paper
- proof of written representation of a case vignettes
- timely submission of the above documents in digital form

The certification module is a 3-day event in presence and consists of a technical discussion/colloquium in front of an examination committee. Reference is made to professional knowledge from the theory units, the term paper and the case vignettes. There is no practical exam.

What do we mean by?

term paper

- on a topic of your choice (an exposé must be submitted for approval before the start)

25 – 30 pages

requirement of scientific work

case vignettes/ case examples

- minimum 2 case vignettes
eachs 3-max. 5 pages

These processes must take place outside of the training (there is no practical project as part of the training). The documentation consists of anamnesis, therapy planning, implementation and reflection.